

TUCKSHOP MENU - TERM 2, 2024

Wednesday

MEAL OPTIONS	PRICE
Burrito Bowl Corn and bean salsa, rice, guacamole, Greek yoghurt, lime and coriander <i>(Gluten free)</i>	\$ 6.00
Corn Fritters and Salad 2 x Corn and herb fritters with salad and Greek yoghurt or sweet chilli sauce <i>(Gluten free available)</i>	\$ 5.00
Sushi Single half roll (Avocado, Vegetable or Vegetable Tempura) Double half roll (Avocado, Vegetable or Vegetable Tempura)	\$ 4.00 \$ 7.00
Pizza Scrolls	\$ 2.50
Vegemite Scrolls	\$ 2.50
Spinach & Fetta or Pumpkin & Fetta Rolls	\$ 3.00
Garden Salad - Lettuce, tomato, cucumber, beetroot, capsicum, carrot, onion <i>(Gluten free)</i>	\$ 6.00
Greek Salad - Lettuce, tomato, cucumber, onion, fetta, olives <i>(Gluten free)</i>	\$ 6.00
Vegetable Burger , All salad - Lettuce, tomato, cucumber, beetroot, capsicum, carrot, onion, mayonnaise <i>(Gluten free)</i>	\$ 6.00
Sandwiches & Wraps Jam, Vegemite, Honey, Cheese, Egg <i>(Gluten free available)</i> Salad - Lettuce, tomato, carrot, cucumber, capsicum, onion <i>(Gluten free available)</i>	\$ 2.50 \$ 6.00

Wednesday

Snacks

Yoghurt muesli cups - Toasted muesli, plain yoghurt, fruit (*Gluten free available*) - \$3

Banana bread (*Gluten free available*) - \$3

Emma & Toms protein ball (*Gluten free and dairy free*) - \$2.50

Brownie (*Gluten free available*) - \$3.50

Muffin of the day - \$3

M & M cookie - \$2

Choc chip cookie (*Gluten free*) - \$1

Lamington - \$2.50

Fruit salad cup - \$3.50

Slinky apple or piece of fruit - \$1.50

Watermelon cup - \$3.00

Drinks

Emma & Toms juice (apple, berry, mango, orange) - \$3

Remedy kombucha - (passionfruit or raspberry) - \$3

Juice bomb – (watermelon or grape) - \$3

Flavoured milk (strawberry or chocolate) - \$2.50

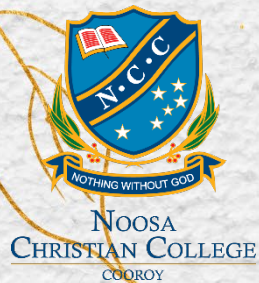
Ice Blocks

Lemonade ice block - \$2

Proud as Punch (4 flavours) - \$2.50

Vanilla ice cream cup - \$2

Quelch fruit ice block or Zooper Dooper - \$1



TUCKSHOP MENU - TERM 2, 2024

Friday

MEAL OPTIONS	PRICE
Macaroni & Cheese <i>(Gluten free available)</i>	\$ 5.00
Garlic Bread <i>(Gluten free available)</i>	\$ 2.50
Mini Pizza Cheesy Garlic <i>(Gluten free available - \$4)</i> Vegetable <i>(Gluten free available - \$4)</i>	\$ 3.50 \$ 3.50
Pizza or Vegemite Scrolls	\$ 2.50
Nachos <i>(Gluten free)</i>	\$ 5.50
Sushi Single half roll (Avocado, Vegetable or Vegetable Tempura) Double half roll (Avocado, Vegetable or Vegetable Tempura)	\$ 4.00 \$ 7.00
Vegemite Scrolls	\$ 2.50
Spinach & Fetta or Pumpkin & Fetta Rolls	\$ 3.00
Garden Salad - Lettuce, tomato, cucumber, beetroot, capsicum, carrot, onion <i>(Gluten free)</i>	\$ 6.00
Greek Salad - Lettuce, tomato, cucumber, onion, fetta, olives <i>(Gluten free)</i>	\$ 6.00
Vegetable Burger , All salad - Lettuce, tomato, cucumber, beetroot, capsicum, carrot, onion, mayonnaise <i>(Gluten free)</i>	\$ 6.00
Sandwiches & Wraps Jam, Vegemite, Honey, Cheese, Egg <i>(Gluten free available)</i> Salad - Lettuce, tomato, carrot, cucumber, capsicum, onion <i>(Gluten free available)</i>	\$ 2.50 \$ 6.00

Friday

Snacks

Little Hero bar - (*Gluten free, dairy free, vegan*) - \$4

Brownie (*Gluten free available*) - \$3.50

Muffin of the day - \$3

Cookie of the day - \$2

Choc chip cookie (*Gluten free*) - \$1

Lamington fingers (3) - \$2.50

Fruit salad cup - \$3.50

Slinky apple or piece of fruit - \$1.50

Watermelon cup - \$3.00

Drinks

Emma & Toms juice (apple, berry, mango, orange) - \$3

Remedy kombucha - (passionfruit or raspberry) - \$3

Juice bomb – (watermelon or grape) - \$3

Flavoured milk (strawberry or chocolate) - \$2.50

Ice Blocks

Lemonade ice block - \$2

Proud as Punch (4 flavours) - \$2.50

Vanilla ice cream cup - \$2

Quelch fruit ice block or Zooper Dooper - \$1