

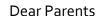
Noosa Christian College COOROY

Issue 14, 24th November 2022

CURRENT VALUE - EFFORT

Work to the best of your ability and don't give up.

Principal's Report





Wow, what a year it has been for 2022. Our school community is a wonderful place to be in and belong to. There has been a range of events and opportunities for our students to grow and develop confidence throughout the year and we have been proud of their achievements. From our Kindergarten children to our Year 12 students, there have been many times to display and celebrate their successes.

Our staffing for 2023 is listed below with 5 new positions due to the growth in enrolments.

Primary

Kindergarten – Mrs Celeste Wareham and Mrs Andrea Macmillan

Prep – Mrs Allison Parkinson and Mrs Deb Clare

Year 1A – Mrs Sara Fatnowna

Year 1B – Mr Zac Hobson

Year 2 – Mrs Angela Gray

Year 3 – Mrs Jacqueline Taylor

Year 4 – Mrs Amy Sherar

Year 5 – Mrs Margaret Graham

Year 5/6 - Mrs Shari Botha

Year 6 - Mr Clinton Bond

Learning Enhancement Coordinator – Ms Felicity Bezer

Learning Enhancement – Mrs Sonia Goding

Prep – Year 6 Music – Mrs Simone Matteson

Prep – Year 3 Auslan – Mrs Heidi Cronin

Years 4 – 6 Japanese – Ms Nicole Yaguchi

Head of Primary - Mrs Jodi Presecan

Secondary

Year 7A - Ms Anita Mitchell-Kerr

Year 7B - Mrs Mel Zaninni

Year 8A - Miss Edna Sao

Year 8B – Mr Michael Taylor

Year 9A – Mr Sam Krieg

Year 9B – Mrs Kelly Paul

Year 10 – Ms Jenaya Lewis

Year 11 – Miss Melissa Peachey

Year 12 - Mr Phillip Paul

Learning Enhancement – Ms Felicity Bezer

Head of Secondary – Mr Daniel Pink

Secondary teachers – Mr Michael Ewer, Ms Nicole Yaguchi, Mrs Cassie Vincitorio, Mr Jason Sherar, Mr Lachlan Campbell, Mr David Rogers, Mr Gary Mann



I would like to encourage all of our families to attend our Awards Night at the Noosa Church (202 Eumundi Noosa Rd, Noosaville) on 1st December as it is a celebration of all that has happened in the year for your child/ren and acknowledges their journey in learning. It also gives you an opportunity to thank the teachers for the wonderful work that they do in investing into your child's future and for them to wish you well for the following year. Primary Awards Night will commence at 5:00 pm and Secondary Awards Night will commence at 7:00 pm.

I look forward to seeing you there and would like to take this opportunity to wish you a lovely festive season with family and friends. May God keep you and your family safe over the holidays for an exciting new year in 2023.

Luke 4:10 Scripture says, 'He will put his angels in charge of you to watch over you carefully.'

Blessings, Mrs Jeanette Martin, Principal





Effort. Not only is it our school's current value, but it is also one of the most important traits a person can have. But what is effort? We hear about it all the time, but sometimes the meaning can elude us. Effort is not just working hard to achieve something; it is the drive that makes us work hard in the first place.

If you put more effort into something, when you finally complete the said thing, it often feels like an achievement, knowing that all your hard work has finally paid off. But

when you don't achieve the intended results, or something goes wrong, it can be disheartening to think that so much of your time and effort has been wasted. But that's no reason to give up. Galatians 6:9 says: "And let us not grow weary of doing good, for in due season we will reap, if we do not give up." For effort to be worth it, it must be paired with endurance and perseverance. Because no matter how much effort you put in to achieving something, if you do not endure to the end, then wouldn't it not become meaningless?

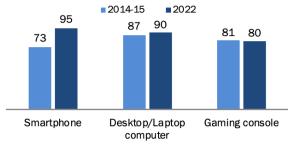
Brayden Young, Year 10 Student



School Holiday Device Guidance

Nearly all teens in 2022 have access to a smartphone, up from 73% in 2014-15

% of U.S. teens who say they have access to the following devices



Note: Teens refer to those ages 13 to 17. Those who did not give an answer are not shown. The 2022 question wording further clarified access at home.

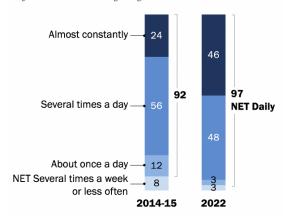
Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

Nearly half of teens now say they use the internet 'almost constantly'

% of U.S. teens who say they use the internet ...



Note: Teens refer to those ages 13 to 17. Figures may not add up to the NET values due to rounding. Those who did not give an answer are not shown.

Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

It is that time of year where schoolwork is winding down and leisure time is ramping up. For the young people in our lives, this often means more time on devices for gaming, entertainment, and social media. With nearly 20 years of watching students struggle with time management on devices, I would like to share some evidence and guidance around device usage as our students leave school next week and embark on hours of free time.

Firstly, media isn't all bad as much of a young person's social life is online. However, it is important to remember that kids can be exposed to inappropriate images, unhealthy ads, and violent content when using unrestricted media. It is recommended that parents regularly check the search history and messages of their tweens and teens as accountability is crucial and boundaries are vitally important to helping young people navigate the online world. It is also recommended that parents learn how to restrict content using the parental controls included in most home routers. Scheduling access to the internet can be customised for each user in your home, meaning that you can decide what time each child's device can no longer access the internet. As indicated in this year's Pew Research Center question, 95% of teens have access to smartphones, so parental diligence is crucial. Although this is a US study, Aussie studies by eSafety indicate our teens are the same.

Secondly, role modelling good boundaries with technology is essential. Setting device-free times in the home for everyone provides time for a short digital detox which can improve mood and emotional well-being for kids and adults alike. With nearly half of teens using the internet 'almost constantly,' it is important to balance device time with reading books, physical activity, and time outdoors. Helping our tweens and teens set healthy limits on their electronics is our job and we need to role model what this looks like.

Finally, our children are precious to us and we do not want them exposed to more than they can handle mentally or emotionally. The Center for Disease Controls, which provides data and statistics on the mental health of children, found that self-harm and suicide both skyrocketed about ten years ago when

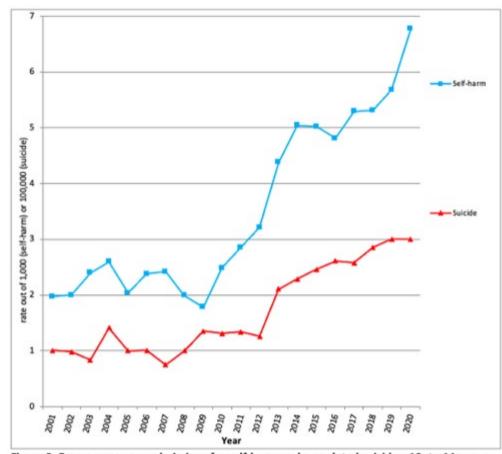


Figure 3: Emergency room admissions for self-harm and completed suicides, 12- to 14-year-old girls, 2001-2020. Source: CDC WISQARS database

young people were first exposed to social media. It is particularly concerning how time on devices has impacted the sleep that tweens and teens get each night, which can also impact their mental wellbeing.

eSafety, an Australian government research group, found that teens spend most of their time researching what interests them and watching videos, movies, or TV. Unfortunately, what tweens and teens watch online is curated and can often be their first exposure to inappropriate language, inappropriate content such as pornography or violent

material, and inaccurate pictures of beauty and identity. All of which can wreak havoc on the developing mind of a young person and their mental health.

Equally alarming are the number of young people addicted to gaming. Game Quitters identified that 6 out of 10 Australians play video games regularly and 'Gaming Disorder' is now officially recognised as a mental health condition with symptoms including preoccupation with gaming; sadness, anxiety, and irritability

Table 1: Teens' online activities (%)

		Gender		Age (years)	
	Total	Male	Female	12 to 13	14 to 17
Researching things that interest me	95	96	94	93	95
Watching videos, movies or TV	93	94	92	90	94
Chatting with friends	93	94	93	90	95
Listening to music	92	91	94	89	94
Playing games online with others	77	87	66	80	75
Responding to others' comments	72	72	72	65	75
Making video calls	72	70	74	67	74
Posting photos/videos online	68	66	69	60	71
Accessing news	62	67	56	48	69
Banking or shopping online	54	51	56	30	65
Base (number)	627	313	314	191	436

Q1: Thinking now about what you do online, please indicate which activities you do online?

when gaming is taken away or not possible; giving up other activities they previously enjoyed; deceiving others about the time they actually spend gaming; and the loss of relationships or jobs to pursue gaming. Many students at school present with symptoms of fatigue from gaming late into the night, a drop in academic performance, or the inability to focus. Therefore, establishing rules about the sites your children visit, the games they play, and the movies they watch is important for protecting their innocence and wellbeing.

Our children are a gift and it is our job to put boundaries and guidelines in place that will grow them into young men and women of character. I would also stress that there are biblical principles that can help guide our family conversations around device usage. Philippians 4:8 encourages us to dwell on what is true and right and pure. Romans chapter 12 outlines how followers of Christ are to be stand out from the world, demonstrating that God's guidelines produce the most meaningful lives. This parenting gig is not easy! It requires a lot of prayer and patience. We have a lovely community at NCC that can support us in navigating some of these challenging topics. Thankfully, we serve a God who will partner with us in raising our children to love and serve Him.

As we go into the school holiday period, I pray that we will find a balance that works for our families so that we can enjoy the holidays and return to school next year ready to learn.

Mrs Kelly Paul, Secondary Teacher

Thank you

Noosa Christian College would like to thank the Bendigo Community Bank for donating \$1000 to the school for thirty new science lab coats. And thanks to the P & F for organising.



Thank You

Noosa Christian College, Pathfinders Noosa Club and Adventurers Noosa Club would all like to thank the Cooroy RSL for donating \$1000 to each. A presentation was held on the evening of the 22^{nd of} November where the children spoke of their favourite experiences.





Learning Enhancement



The Learning Enhancement Team has had another terrific year supporting students, their families, and teachers.

We have a caring, dynamic, and passionate team who have celebrated many wonderful successes with our students, both small and large, as the year has unfolded.

Our team comprises, three teachers and nine teaching assistants who provide support across the college from Kindergarten through to Year 12. The teaching assistants (or teaching angels as they are sometimes referred to) have been a pivotal part of many students developing their confidence and capabilities.

It has been wonderful to witness many "Aha!" moments as teachers and assistants work together with learners to support their progress.

On behalf of the team, I would like to wish everyone a blessed Summer and Christmas.

Warmest regards,

Ms Felicity Bezer, Learning Enhancement

Announcement

All library books should now have been returned to the library. If not, please return them before the end of the school year.

Thanks, Mrs Caville McLeod



COOROY





The Year 12's get dressed up to celebrate graduation.





Noosa Pathfinders Investiture





Noosa Pathfinders finished the year with a celebration of the achievements of the young people in our club. The special program included students leading out in the welcome, praise and worship, scripture reading, prayer, special item, and speaking. All of the patches and pins earned throughout the year were awarded to each Pathfinder. We also welcomed 8 new members for next year who have graduated from our Adventurer club. They are super keen to get into hiking, camping, and serving with Pathfinders next year.

If your child is 10+ years old and in grades 5-12, they may join Pathfinders next year. There will be information on our Facebook page when registrations open in February. Check it out here:

https://www.facebook.com/ pathfinders

Mrs Kelly Paul, Pathfinders Coordinator.



2013 Term One Dates

College Office Opens - Monday 9 January 2023

Pre-Term Registration Day (and Uniform Shop) - Friday 20 January 2023

Monday 23 January 2023 - Friday 31 March 2023

Public Holidays during Term 1:

Australia Day - Thursday 26 January 2023

For Uniform Shop Bookings: https://form.jotform.com/220097464784868

QSHC Vacation Care

The Outside School Hours Care program is in desperate need of volunteers for the upcoming holiday season. We need staff who hold (or is actively working towards) an approved Diploma level qualification or higher in a relevant area of study. To apply, please email the Business Manager Mrs Stephanie Markert at stephanie.markert@noosacc.qld.edu.au as soon as possible.



Choir News

On Saturday afternoon 12th November the Noosa Christian College choir performed in the Cooroy Church. The choir's singing was much appreciated. Afterwards the audience was treated to a violin concert by Hayden Wiseman. It was a very enjoyable afternoon with high quality music.

Mrs Angela Gray



Choir Breakup Party

All good things must come to an end, so to end on a high note, the choir held a party to celebrate their time together.







Dear parents and carers, if you would like your child to either start or continue drum or guitar lessons during the summer holidays, I will be running individual lessons.

When: Wednesday 7th Dec, Wednesday 14th Dec, Wed 4th Jan, Wed 11th Jan, Wednesday 18th Jan Time: Various times available throughout the day

Where: Noosa Church, in the A2 and A3 rooms, 202 Eumundi Noosa Rd

Cost: \$30 per half hour lesson Contact: Gus on 0424 024 650

This is an opportunity for your child to try a new instrument or continue practising during the holidays. Drum and Guitar Lessons at School in 2023

Please also let me know ASAP if you would like your child to start or continue drum or guitar lessons at school next year. I have limited places available and a waiting list, so I will need to prioritise bookings for those who pay for the whole rm in advance.

Term 1: 9 lessons = \$252 paid in advance (\$28 per lesson)

Or if you pay for each lesson on or before the day of the lesson = \$30 per lesson.

Contact Gus on 0424 024 650 for more information.



This edition of the Noosa Christian College newsletter was edited by Year 10 student Brayden Young whilst on work experience.

